**07. The sense of smell**

**How does our smell sense work?**

Whenever we smell something, our nose and brain work together to make sense of hundreds of very tiny invisible particles, known as molecules or chemicals, that are floating in the air. If we sniff, more of these molecules can reach the roof of our nostrils and it is easier to smell a smell.

The fact that we have two nostrils allows our brain to detect small differences in the number of molecules that reach each one, so we can follow a smell trail just like tracker dogs. Have you ever tried finding where a smell is coming from? See how hard it gets with one nostril blocked.

Inside your nostrils, there are tiny things called [neurons](https://qbi.uq.edu.au/brain/brain-anatomy/what-neuron) that "talk” to each other using electrical messages (our brains are mostly made of neurons too, by the way).

## Smell memories

These type of tiny cells, called olfactory neurons (olfaction means smell), have long [cable-like connections](https://qbi.uq.edu.au/brain/brain-anatomy/axons-cable-transmission-neurons) that send electrical messages to a spot at the front of the brain, known as the olfactory bulb. Each olfactory neuron connects with a different neuron in the olfactory bulb, which then sends this information to other areas of the brain.

The parts of the brain that get these signals also do other things, such as [storing memories](https://qbi.uq.edu.au/brain-basics/memory/where-are-memories-stored) or provoking emotions. That is why some smells can bring back old memories.

It's the most primal and animal sense we have; it doesn't really go through the brain but goes directly to the amygdala (which is the centre of emotions and motivation); you've discovered that it's very much related to memory: smell is memory; you've discovered that it's profoundly CONDITIONAL, and that it's the very sense related to DISCERNMENT, sniffing, which is fundamental, it's said in fact that one has a nose for things! We have seen all these things here how important they are. And you have discovered that curiously the Lord Jesus is called Christ which means the anointed one, THE FRAGRANCE. In fact we have a fragrance, whether you smell it or not, Christ has a definite one; a Christian is one who begins to smell of Christ, no longer smells like an old man, smells like a new man, has the fragrance of Christ Himself, What is this fragrance? It is RELATIONSHIP. Christ, and therefore a Christian gives off the same molecules as God. It is the volatile experience of God.

In fact, conditioning is a kind of work that is like when someone changes the atmosphere, changes the perception, changes the air around you. Why are we in a state of ATROPHICATION, that is, are we losing our sense of smell? That is, we have much less sense of smell now than we had 100 years ago. There are other means that take away the sense of smell. In what sense? What is its main function?

The sense of smell is for recognizing the dead from the living, the rancid from the fragrant, the putrid from the vital. This is the point. What is fragrant smells like life, what stinks smells like death; in fact, "it sends out a bad odour because he has been dead for four days already" is said in the resurrection of Lazarus.

How does one defend the 'sense of smell? How do you smell a smell? WHEN IT IS A STRANGER. Smells can only be smelled by entering an environment.

The sense of smell is maintained by good habits, the things you have discovered reset you, you have to discover your own ways of resetting yourself.Learn the art of defending your sense of smell.

How does an old man perceive smells? Simply ACRITICALLY( not being critical), he gets what

A pig never smells its own stink. ENGLISH PROVERB

**How does a new man, a Christian, perceive smells?** It comes from sniffing Christ, sniffing holy things, it resets into something supernatural, into something good, you all have something good, keep it handy, keep it with you, something that is good for you.

The world is a rose; **smell** it and pass it on to your friends. ~ Iranian **Proverb** “

That **smells** bad,” said the cat about meat that it cannot reach. ~ Iranian **Proverbs**

The blind say that eyes have no sense of **smell**. ~ Nigerian Proverb

A rose too often **smelled** loses its fragrance. ~ Spanish **Proverb**

He who steals incense smells of it. Japanese proverb